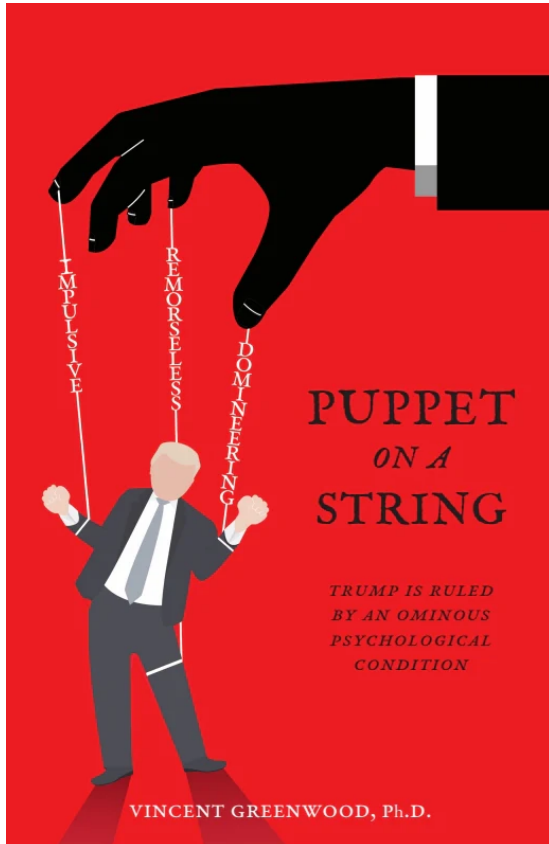


Contact: Holly Watson, HWPR
holly@hollywatsonpr.com

Francesca Dean, HWPR
assistant@hollywatsonpr.com



From a leading expert in clinical psychology a fascinating and timely look at the destructive personality pattern governing President Trump's dangerous behavior



PUPPET ON A STRING:

Trump Is Ruled by an Ominous Psychological Condition

By Dr. Vincent Greenwood

On Sale: September 22, 2026

Beaver's Pond Press

Price: \$17.95

Page Count: 300

ISBN: 9781643434186

"A masterpiece. In this compelling, persuasive, and damning study, Dr. Greenwood presents an array of research and clinical observations to prove Trump is as pure a psychopath as any clinician will see in their lifetime."

—John Gartner, Ph.D., former assistant professor of psychiatry, Johns Hopkins University Medical School, founder of Duty to Warn

Clinical psychologist and former training leader at Johns Hopkins University and the NIH, Dr. Vincent Greenwood is out with a debut book, **[PUPPET ON A STRING: Trump is Ruled by an Ominous Psychological Condition](#)** (Beaver's Pond Press; September 22, 2026) that is groundbreaking in its evidence based analysis of Trump's behavioral patterns, well documented in both his Presidential terms, to deliver an assessment based on scientific data.

Going beyond offering just an "informed opinion" *Puppet on a String* provides a forensic analysis on whether Trump meets the clinical criteria for an ominous personality disorder, and how that condition drives all of Trump's extreme and unpredictable behaviors. Most importantly he explains the deep psychological traits driving Trump's reckless behavior, his obsession with winning, and his total lack of empathy and remorse. This is the first detailed, evidence-based forensic-style evaluation of the psychological condition that governs his behavior and has ominous implications for the country.

Cutting through the standard political commentary, Dr. Greenwood builds on his viral Twitter/X commentary and his work as the founder of DutyToInform.org, an organization dedicated to using scientific evidence to warn the public about the dangers of Donald Trump, to show how our country's most powerful leader is trapped in a destructive personality pattern that inevitably causes chaos for everyone in his orbit.

Outside of Dr. Greenwood's analysis of Trump, *Puppet on a String* provides a foundational look at the history and ethics of clinical psychology. He cites empirical studies, and clinical books and research as he

explains how to conduct objective, evidence-based personality assessments, tracing the history of personality disorders and where they fit into modern medicine. This educational framework gives readers the exact clinical tools they need to understand why Trump's documented behaviors are so dangerous.

Using his expertise in clinical psychology and hundreds of completed evaluations, Dr. Greenwood presents a transparent look at powerful public figures, and utilizes the response from news media and other public sources as a framework for how unchecked personality disorders can reshape an entire nation's political landscape. As he states, "...the mission of *Puppet on a String*: to fulfill a duty to inform the public about a possible condition of the president that might present a hazard to our general welfare."

While Dr. Greenwood is keenly aware of how dangerous this is, he reminds us that knowledge is power. *Puppet On a String* can help us claw back a sense of empowerment by making sense of the chaos and destruction emanating from the White House. It does so by making the underlying, governing traits of his condition visible and spelling out the nature of that condition and will be a critical tool in understanding what Trump might do next and how both activists and politicians might most effectively counter him in the lead up to the 2026 midterms.

About the Author:

Vincent Greenwood, Ph.D., is a licensed clinical psychologist and the founder of [The Washington Center for Cognitive Therapy](#) in Washington, D.C. Dr. Greenwood has worked as a research associate and training leader at Johns Hopkins University and the National Institute of Health. He has conducted over 1700 psychological evaluations in his career and received advanced training in the assessment of psychopathic personality disorder.

Dr. Greenwood created [DutyToInform.org](#) in 2020 to disseminate scientifically valid findings about President Trump's personality limitations and accompanying psychological struggles and destructive behavior patterns. He has published numerous articles on his findings, including two chapters in *The More Dangerous Case of Donald Trump*, edited by Bandy X. Lee. He has appeared on numerous political shows and podcasts, such as *The Bill Press Show*, *The Damage Report*, and *Shrinking Trump*.

Founder of DutyToInform:

As the founder of [DutytoInform.org](#), [Dr. Vincent Greenwood](#) has strived to provide information on Trump's psychology, in order to provide the public with scientifically based information that they can use to make responsible voting decisions. Published in online outlets such as *Medium* and has been mentioned in *Psychology Today* for his lengthy paper on Trump's serious psychological condition.

His sharp analysis of Trump's psychopathology led to Twitter virality during the COVID-19 pandemic and Americans began to experience the unfiltered reality of a leader whose personal traits directly shaped a national crisis. He also begs the question of if there are additional neurocognitive disorders at play, in addition to the likelihood of a personality disorder.

Articles written by Dr. Greenwood and posted to [DutyToInform.org](#) such as, [Does Trump Show Signs of Neurocognitive Disease](#) and [The Impact of Donald Trump's Diagnosed Personality Disorder on Key Cognitive Domains](#), discuss the terrifying reality of a leader who may be suffering from both severe psychological and cognitive decline while holding the highest office in the country. Dr. Greenwood states that his evaluations are based on "whether either candidate displayed meaningful decline in one or more of six cognitive domains: language, memory, perceptual — motor, attention, executive functioning and social cognition", and he additionally assessed Biden in these categories as well. This balanced perspective aligns with a growing consensus of medical professionals, which is a viewpoint Dr. Greenwood regularly highlights to his online followers.

**For review copies, interview requests, jacket images and author photos
contact: Holly Watson, HWPR, 310.390.0591 | holly@hollywatsonpr.com
or Francesca Dean, assistant@hollywatsonpr.com**